

A stack of various books is shown on the left side of the page, set against a background of a bright, cloudy sky. The books are of different colors and sizes, some with visible pages and spines.

Study Without Stress: Strategies to help maximize your learning and study habits

Sunday, September 18, 2011, 9:00 am - 1:00 pm
Johns Hopkins East Baltimore Medical Campus
This session also includes an interactive Webinar

**There is no cost to attend. Please register online at:
www.jhsap.org or call 443-997-4772.**

Topics will include how to:

- Maximize your study time
- Get more out of lectures
- Develop great study notes
- Improve long-term memory
- Reduce test anxiety

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